## **Best Practices- Four Core Perinatal Measures**

## Induction of Labor <10%, primary cesarean birth rate < 15%, episiotomy < 2%, exclusive breastfeeding first 48 hours > 75%

The "4 Core" Best Practice designation has been designed to acknowledge practices achieving nationally established benchmarks for physiologic birth. These four measures are harmonized with the National Quality Forum (NQF) and Joint Commission perinatal quality measures. Of the 278 practices participating in the 2016 ACNM Benchmarking project, these 23 practices achieved all four benchmarks.

A Gentle Beginning	Portland	OR
Babies in Bloom	Vista	CA
Beach Cities Midwifery & Women's Health Care	Laguna Hills	CA
Best Start Birth Center	San Diego	CA
BK Midwifery	Brooklyn	NY
Fairfax Home Birth	Fairfax	VA
Flourish Women's Wellness and Midwifery	Portland	OR
Health Foundations Birth Center	St. Paul	MN
HomeBirth Midwifery Services	Chestnut Ridge	NY
Khristeena Kingsley, Midwife, PC	Williamsville	NY
Klamath Women's Clinic & Birth Center	Klamath Falls	OR
Margaret Lipton CNM	Spokane	WA
Midwifery Care of Monsey	Monsey	NY
Midwives at VCU Health	Richmond	VA
Mountain Midwifery Center	Englewood	СО
Nativiti Family Birth Center	The Woodlands	TX
North Shore Birth Center	Beverly	MA
OMG Women's Healthcare	Hinsdale	IL
River & Mountain Midwives	New Paltz	NY
The Midwife's Place	Bellevue	NE
Treasure Valley Midwives	Boise	ID
West Suburban Midwife Associates	Oak Park	IL
Willow Midwives PLLC	Minneapolis	MN