

**Best Practices- Four Core Perinatal Measures**

**Induction of Labor <10%, primary cesarean birth rate < 15%, episiotomy < 2%, exclusive breastfeeding first 48 hours > 75%**

The “4 Core” Best Practice designation has been designed to acknowledge practices achieving nationally established benchmarks for physiologic birth. These four measures are harmonized with the National Quality Forum (NQF) and Joint Commission perinatal quality measures. Of the 257 practices participating in the 2018 ACNM Benchmarking project, these 28 practices achieved all four benchmarks.

<b>Amita Health - OMG Women's Healthcare</b>	Hinsdale	IL
<b>Beach Cities Midwifery &amp; Women's Health Care</b>	Laguna Hills	CA
<b>Best Start Birth Center</b>	San Diego	CA
<b>Cache Valley Women's Center</b>	Logan	UT
<b>Fika Midwifery</b>	Buffalo	NY
<b>Geneva Woods Midwifery and Birth Center</b>	Anchorage	AK
<b>JJB Midwifery</b>	Brooklyn	NY
<b>Local Care Midwifery</b>	Troy	NY
<b>Luna Women's Wellness and Birth Center</b>	Brainerd	MN
<b>Manhattan Birth Midwifery</b>	New York	NY
<b>Midwife Love</b>	Vero Beach	FL
<b>Midwife360</b>	Boynton Beach	FL
<b>Midwifery Care Associates</b>	Pennington	NJ
<b>Midwifery Traditions</b>	Harleysville	PA
<b>Midwife Sunday</b>	Potsdam	NY
<b>Mountain Miracles Midwifery, Inc.</b>	Colorado Springs	CO
<b>Nativiti Family Birth Center</b>	The Woodlands	TX
<b>RI Home Birth and Hope Family Health</b>	Hope	RI
<b>Riverside Midwifery</b>	Buckeystown	MD
<b>Sage-Femme Midwifery</b>	Albany	NY
<b>Scenic Drive Midwives</b>	Scott Depot	WV
<b>Seventh Moon ~ Homebirth Midwifery Services</b>	Montvale	NJ
<b>Small Things Grow Midwifery</b>	Brooklyn	NY
<b>Springs Midwifery/Beginnings Birth Center</b>	Colorado Springs	CO
<b>The Birth Center: Holistic Women's Health Care</b>	Wilmington	DE
<b>University of Florida Birth Center</b>	Gainesville	FL
<b>Willow Midwife Center for Birth and Wellness</b>	Mesa	AZ
<b>WomanKind Midwifery</b>	Union	KY